

The cure for pornography addiction is to stare into the sun for 2-3 seconds several times a day. This will not damage your eyes or vision, it will heal them. Staring at the sun for 2-3 seconds is a whole lot healthier than watching pornography for hours on end. And it works!

When you look at pornography you stimulate the optic nerve. The optic nerve causes you to "feel" what you are seeing. Thus you feel a certain way when you look at pornography or look upon people with lust. The lust causes cells in your optic nerve to become "dark" or "evil".

When you stare at the sun these cells that have become "dark" are inundated with pure light and the darkness or "evil" burns away.

Pure sunlight directly in the eyes several times a day will "burn" the lustful thoughts and desires caused by the optic nerve, and you will no longer have a desire to look at pornography or look upon people with lust.

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